

**This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.gpatpa.com or by calling 972-771-7700.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	<b>\$2,750</b> person/ <b>\$5,500</b> family PPO & Non-PPO Copayments, prescriptions and preventive services don't apply to the deductible.	You must pay all the costs up to the <b>deductible</b> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <b>deductible</b> starts over (usually, but not always, January 1 <sup>st</sup> ). See the chart starting on page 2 for how much you pay for covered services after you meet the <b>deductible</b> .
Are there other <u>deductibles</u> for specific services?	No	You don't have to meet <b>deductibles</b> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an <u>out-of-pocket</u> <u>limit</u> on my expenses?	Yes. \$5,750 person/\$11,000 family PPO Unlimited person/Unlimited family Non-PPO	This <b>out-of-pocket limit</b> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the out-of-pocket limit?	Premiums; balance-billed charges; health care this plan doesn't cover; charges in excess of UCR (Usual, Customary & Reasonable) and any noncompliance penalties	Even though you pay these expenses, they do not count toward the <b>out-of-pocket limit.</b>
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a network of providers?	Yes. Visit www.cigna.com or call 1-866-206-3224 for a list of participating physicians.	If you use an in-network doctor or other health care <b>provider</b> , this plan will pay some or all of the costs of covered services. Be aware, your innetwork doctor or hospital may use an out-of-network <b>provider</b> for some services. Plans use the term in-network, <b>preferred</b> , or participating for <b>providers</b> in their <b>network</b> . See chart starting on page 2 for how this plan pays different kinds of <b>providers</b> .
Do I need a referral to see a specialist?	No. You don't need a referral to see a specialist.	You can see the <b>specialist</b> you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 6. See your plan document for additional information about <b>excluded services</b> .

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- <u>Copayments</u> are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use Cigna **providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use a PPO Provider	Your Cost If You Use a Non-PPO Provider	Limitations & Exceptions
	Primary care visit to treat an injury or illness	10% coinsurance	40% coinsurance	\$20 copay/visit applies to Helping Hands Clinic & Airrosti. \$0 deductible & 0% coinsurance applies to PPO female sterilization & all PPO FDA approved female contraceptive methods. Non-
	Specialist visit	10% coinsurance	40% coinsurance	PPO charges are subject to Usual, Customary & Reasonable fees.
If you visit a health care provider's	Other practitioner office visit	10% coinsurance	40% coinsurance	Chiropractic services limited to 30 visits per calendar year. Non-PPO charges are subject to Usual, Customary & Reasonable fees.
office or clinic	Preventive care/screening/immunization	0% coinsurance; deductible waived	Not Covered	PPO benefit applies to Routine Colonoscopies for age 50 & older. PPO baseline mammogram benefit is \$0 deductible & 0% coinsurance for age 35-40. See your plan document for additional benefit information & limitations. Non-PPO charges are subject to Usual, Customary & Reasonable fees.
If h 44	Diagnostic test (x-ray, blood work)	10% coinsurance	40% coinsurance	Non-PPO charges are subject to Usual, Customary & Reasonable fees.
If you have a test	Imaging (CT/PET scans, MRIs)	10% coinsurance	40% coinsurance	Non-PPO charges are subject to Usual, Customary & Reasonable fees.

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Common Medical Event	Services You May Need	Your Cost If You Use a PPO Provider	Your Cost If You Use a Non-PPO Provider	Limitations & Exceptions	
If you need drugs	Generic drugs	Copays: Retail \$	10/Mail Order \$0	Covers a 30 day supply for Retail/90 day supply for Mail Order/	
to treat your illness or condition	Preferred brand drugs	Copays: Retail \$25/Mail Order \$50		30 day supply for Specialty. Prior authorization is required for Actiq, OxyContin, acne medications for age 21 & older, growth	
More information	Non-preferred brand drugs	Copays: Retail \$4	-0/Mail Order \$80	hormones and specialty drugs. Excluded drugs are prescription vitamins except prenatal, Stadol, Abortifacients/RU-486, fertility	
about <u>prescription</u> <u>drug coverage</u> is available at www.envisionrx.com	Specialty drugs	10% coinsurance up to \$150 maximum per prescription		drugs, impotence/sexual dysfunction drugs, weight loss medications, immunization agents except as required by the Affordable Care Act, biological sera, blood or blood plasma, alopecia drugs and drugs labeled "Caution-limited by Federal Law to Investigational use" or experimental drugs.	
If you have	Facility fee (e.g., ambulatory surgery center)	10% coinsurance	40% coinsurance	Non-PPO charges are subject to Usual, Customary & Reasonal fees.	
outpatient surgery	Physician/surgeon fees	10% coinsurance	40% coinsurance	ices.	
If you need	Emergency room services	10% coinsurance	10% coinsurance	Non-medical emergency benefit is \$150 copay then deductible & applicable coinsurance. UR notification required if admitted inpatient or \$1,000 non-compliance penalty applies. Non-PPO charges are subject to Usual, Customary & Reasonable fees.	
immediate medical attention	Emergency medical transportation	10% coinsurance	10% coinsurance	Non-PPO charges are subject to Usual, Customary & Reasonable fees.	
	Urgent care	10% coinsurance	40% coinsurance	Non-PPO charges are subject to Usual, Customary & Reasonable fees.	
If you have a	Facility fee (e.g., hospital room)	10% coinsurance	\$500 copay then deductible & 40% coinsurance	UR notification required or \$1,000 non-compliance penalty applies. Non-PPO charges are subject to Usual, Customary &	
hospital stay	Physician/surgeon fee	10% coinsurance	40% coinsurance	Reasonable fees.	

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Common Medical Event	Services You May Need	Your Cost If You Use a PPO Provider	Your Cost If You Use a Non-PPO Provider	Limitations & Exceptions	
	Mental/Behavioral health outpatient services	10% coinsurance	40% coinsurance		
If you have mental health, behavioral	Mental/Behavioral health inpatient services	10% coinsurance	\$500 copay then deductible & 40% coinsurance	See 'If you visit a health care <u>provider's</u> office or clinic' for the office visit benefit. UR notification required for admissions or	
health, or substance abuse needs	Substance use disorder outpatient services	10% coinsurance	40% coinsurance	\$1,000 non-compliance penalty applies. Non-PPO charges are subject to Usual, Customary & Reasonable fees.	
	Substance use disorder inpatient services	10% coinsurance	\$500 copay then deductible & 40% coinsurance		
	Prenatal and postnatal care	10% coinsurance	40% coinsurance	\$500 copay then deductible & 40% coinsurance applies to Non-PPO Inpatient Hospital charges. Contact UR for coordination of	
If you are pregnant	Delivery and all inpatient services	10% coinsurance	40% coinsurance	prenatal care. UR notification required or \$1,000 non-compliance penalty applies. Non-PPO charges are subject to Usual, Customary & Reasonable fees.	
	Home health care	10% coinsurance	40% coinsurance	Services are limited per calendar year to 60 visits for Home	
	Rehabilitation services	10% coinsurance	40% coinsurance	Health, 60 visits each for Physical/Occupational/Speech Ther & 60 days for Skilled Nursing Facilities. \$500 copay then	
If you need help	Habilitation services	10% coinsurance	40% coinsurance	deductible & 40% coinsurance applies to Non-PPO inpatient	
recovering or have	Skilled nursing care	10% coinsurance	40% coinsurance	facility charges. Treatment of developmental delays may not be	
other special health needs	Durable medical equipment	10% coinsurance	40% coinsurance	covered. See your plan document for additional information about <b>excluded services.</b> Contact UR for coordination of care for Home Health care & Outpatient/Homebound Hospice. UR	
	Hospice service	10% coinsurance	40% coinsurance	notification required for admissions or \$1,000 non-compliance penalty applies. Non-PPO charges are subject to Usual, Customary & Reasonable fees.	
If your child needs dental or eye care	Eye exam	0% coinsurance; deductible waived	Not Covered	Limited to those under age 19.	

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Common Medical Event	Services You May Need	Your Cost If You Use a PPO Provider	Your Cost If You Use a Non-PPO Provider	Limitations & Exceptions
	Glasses	Not C	Covered	Not Covered
	Dental check-up	Not C	Covered	Not Covered

#### **Excluded Services & Other Covered Services:**

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)				
Bariat	ric Surgery	Cosmetic Surgery	Long Term Care	
	outside the U.S. when travel is ically for medical care	Dental Care	Routine foot care	
• Charg	es not medically necessary	Infertility Treatment	Weight loss programs	

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)			
Acupuncture (Direct Contract Providers	Hearing Aids	• Routine Eye Care (see benefit on page 5)	
only)  • Chiropractic Care	<ul> <li>Private Duty Nursing</li> </ul>		

### **Your Rights to Continue Coverage:**

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 972-771-7700. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

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Summary of Benefits and Coverage: What this Plan Covers & Costs Coverage for: Employee & Dependents | Plan Type: PPO Standard

#### **Your Grievance and Appeals Rights:**

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to <u>appeal</u> or file a <u>grievance</u>. For questions about your rights, this notice, or assistance, you can contact: 800-827-7223 or the Department of Labor, Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

### **Does this Coverage Provide Minimum Essential Coverage?**

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan or policy <u>does provide</u>** minimum essential coverage.

### **Does this Coverage Meet the Minimum Value Standard?**

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage does meet the minimum value standard for the benefits it provides.

### **Language Access Services:**

Spanish (Espanol): Para obtener asistencia en Espanol, llame al 800-82/-/223	
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Coverage for: Employee & Dependents | Plan Type: PPO Standard

# **About these Coverage Examples:**

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



# This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

# Having a baby

(normal delivery)

- Amount owed to providers: \$7,540
- **Plan pays** \$4,160
- Patient pays \$3,380

#### Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540

#### Patient pays:

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Deductibles	\$2,750
Copays	\$20
Coinsurance	\$460
Limits or exclusions	\$150
Total	\$3,380

## **Managing type 2 diabetes**

(routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$2,560
- Patient pays \$2,840

#### Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

#### Patient pays:

Deductibles	\$2,750
Copays	\$400
Coinsurance	\$0
Limits or exclusions	\$80
Total	\$2,840

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# **Questions and answers about the Coverage Examples:**

# What are some of the assumptions behind the Coverage Examples?

- Costs don't include <u>premiums</u>.
- Sample care costs are based on national averages supplied by the U.S.
   Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork <u>providers</u>. If the patient had received care from out-of-network <u>providers</u>, costs would have been higher.

# What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

# Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

# Does the Coverage Example predict my future expenses?

No. Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your <u>providers</u> charge, and the reimbursement your health plan allows.

# Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

# Are there other costs I should consider when comparing plans?

Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket costs, such as copayments, deductibles, and coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.