

Senior Year CRASH COURSE

Join us for a unique twist on "back to school" programming.

This 6 -week series will cover a range of essential topics while providing a safe space for seniors to share their experiences, learn new skills and gain practical insights to enhance their well-being.

FRIDAYS JAN. 17 -FEB. 28 NO CLASS FEB. 7 THE CENTER
108 E. WASHINGTON
10AM - 11:30AM

Graceful Transcendence
Elevating The End

REGISTER IN PERSON OR ONLINE TODAY!